



Youth AERIAL



Youth Intro to Aerial 6 Week Series [Fall]

Sundays: 4:00-5:00PM with Lacey

Dates: 6 weeks | 9/13, 9/20, 9/27, 10/4, 10/11, 10/18

Wilson's Member: \$129 | **Non-Member:** \$149

Ages: 8-13 | Limited to 6 participants

Wilson's Fitness on Rangeline Mind + Body Studio



Help your child build strength, confidence, and creativity! This fun and supportive workshop introduces kids to the exciting world of aerial yoga using soft fabric hammocks to stretch, strengthen, and explore movement safely off the ground. As they master new poses and playful sequences, kids gain confidence, resilience, and a sense of accomplishment — all while making new friends in an encouraging, uplifting environment. No experience needed — just curiosity and a willingness to have fun!

Ages 14+ Grab a Wilson's Fitness giftcard and join us for Aerial Classes on the Group Fitness Schedule!

Questions? Let us know!
mbratkowski@wilsonsfitness.com

Save Your Spot



Enroll online (members) or give us a call to save your spot (Members + Non-Members)!

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