



COVID-19

FEBRUARY 2021

SAFETY GUIDELINES

Staying active and keeping our healthy routines are more important than ever during this time. **We're counting on EVERY MEMBER to help keep our locations COVID-19 FREE!** Please follow the additional safety measures, social distancing efforts and be patient as we've added more cleaning rotations for the safety of our members and team members.

CLUBS

- The Forum, Rangeline and MAC locations are open.

AMENITIES

- **GROUP FITNESS** will practice social distancing. Please see the Group Fitness Page for details.
- Every other **CARDIO STATION** will be "quarantined" to keep distance between members.
- The **INDOOR POOL** is limited to 25 swimmers at one time. Please use social distancing.
- **DRY SAUNAS & WHIRLPOOL** are open, but are limited to 2 members at a time.
- The **STEAM ROOM** is open, but is limited to 3 people at a time.
- **PLAYCENTERS** are open with additional guidelines, limitations, and a reservation system. Please see details on the website.
- **MAC PROGRAMS** are running with additional safety measures including limited stable groups, temperature checks upon drop off, social distancing and more. See website for details.

GUIDELINES

- The City of Columbia Ordinance #024284 requires everyone 10 or older to wear a face covering if closer than six feet to other people. **We ask that you keep your distance from others and wear a mask before and after your workout.**
- The city shares, "a person may remove their face mask where otherwise required under the following circumstances:
 - While outdoors when able to maintain a distance of at least six feet from others
 - While exercising indoors when able to maintain a distance of at least six feet from others**
 - When engaged in a sporting activity
 - When at your place of work, safely distanced from other people
 - When an individual has a medical condition, mental health condition or disability that prevents wearing a face mask"
- **Please wash your hands and utilize the hand sanitizer stations.**
- We ask that all members scan in with your keytag. Remember, you can always take a photo of your keytag with your phone and use that to scan in.
- **Please disinfect your equipment before and after use.**
- If you're sick or feeling under the weather, please stay home.
- Cover all coughs and sneezes with your elbow or upper arm.
- All clubs will be following COVID-19's occupancy guidelines.
- Water fountains will be for water bottle filling only. Please bring your own water bottle.