

Where Every Child Learns To Swim



Why Swimming

- ⊕ A life skill that should be learned at an early age and can be carried on into adulthood and could save your child's life!
- ⊕ Swimming is a leisure activity that could turn into a competitive sport if wanted down the road
- ⊕ Swimming is the nation's number one activity. No other sport or activity produces as many or as varied benefits for the individual throughout one's life, from early childhood onward. It is safe, with less risk of injury than most other activities.
- ⊕ Swimming teaches responsibility, respect for safety, discipline, self confidence, courage and freedom.

What makes MAC swimming different that all the rest:

- ⊕ Programs for all ages and ability levels
- ⊕ Proper swim technique from the earliest levels
- ⊕ Small student-to-instructor ratios
- ⊕ Anne Sievers energy, knowledge of swimming, love of kids and understanding of young children.
- ⊕ Trained staff that all enjoy time with children and teaching them to love the water.
- ⊕ We provide a safe, fun, caring and creative learning environment for your child to learn how to swim. They will become comfortable and confident quickly in the water.
- ⊕ Year-round classes that feed into competitive swim programs and the MAC Sharks summer swim team
- ⊕ Group, Private, Semi-Private and small group lesson learning environment