



FIT-MAC



Summer News

2900 Forum Blvd (573)449-2606 info@fit-mac.com wilsonsfitness.com

MAY-JUNE 2008

Soccer Minutes

Mark Your Calendars

May 3-Swim Team Sign Up 10:00-1:00 at South

May 18 —Last day of indoor family swim.

May 22—OPEN HOUSE for FIT and the MAC Summer Club. More info coming soon!

May 24— MAC Summer Club Opens.

May 26—MAC Summer Club Memorial Day Family Fun! |
FIT&MAC Hours
12:00pm—6:00pm

May 27—Swim Team Parent Meeting 4:30 MAC Deck

May 29—First practice for swim team. 4:30-5:30 in the lap pool

June 9—Summer swim lessons begin.

June 9—MAC Summer Camps begin and will run all summer long. Registration forms available at the front desk and on line at soccermac.com

June 11 –Home Swim Meet

June 14—Worlds of Fun Members & Staff fun day!

MAC Outdoor Pool Hours and Info

May 24th through **June 3rd**

Monday through Friday
4:00PM until 8:00PM

Saturday
11:00AM until 8:00PM

Sunday
12:00pm – 8:00 pm

Starting June 4th

Monday through **Saturday**
11:00AM until 8:00PM

Sunday
12:00pm – 8:00 pm
Guest passes will be available when the pool opens

FIT Water Aerobics
The diving pool will be closed for one hour on Tuesday and Thursday evenings 6:15pm-7:15pm.
Our FIT aqua size class will be using the pool. (Not a FIT member? Ask for FIT info at our front desk)

Memorial Day Family fun day!

FIT and The MAC Pool will be open from 12:00—6:00 Monday, May 26th.

Join us for games, bounce house and family fun at the pool all day!

Swim Team News

There is still room on the summer swim team for more Sharks.
Register today!

Wednesday, June 11th and June 25th The MAC Pool will close at 3:00 to host a show me conference swim meet.

On June 25th you are welcome to be our guest at the Wilson's Beach Club after 3:00PM.

June 11th the Beach Club is also hosting a swim meet and will not be available

The MAC will be forming teams for the Show Me State Games again this year. For players ages under 6 to over 50. Contact Chris Viers

The MAC United competitive outdoor teams will be forming in June for the 2008-2009 seasons. For kids ages 7-14. Contact Chris Viers

cviers@soccermac.com or 442-KICK

Little kickers will continue through June. Registration forms available at the front desk and at Soccermac.com



442-KICK

MAC Summer Club Memberships still available!

Wilson's Members and Staff Appreciation Day at Worlds of Fun!

Where: Worlds of Fun-Oceans of Fun

When : June 14th

What: We will all meet at Worlds of Fun in Kansas City for a day of fun for the whole family! \$40.99 per person includes Worlds of Fun, Oceans of Fun and lunch!

RSVP: At the FIT front desk (limited number of tickets available)

SUMMER SWIM PARTIES AT THE MAC

For birthdays or just for fun!!
Ask about MAC after hours night owl parties!

Would you like to get this newsletter via e-mail? Go to Wilsonsfitness.com and join our mailing list.