



OFFICE USE	
Confirmation Call Date:	
# Session & Time Confirmed:	
Confirmed By Team Mbr:	

Child Name: _____ Age _____ Level: _____

Parents Name: _____ Phone Number: _____

Home Address: _____

Parents Signature: _____ Date: _____

Note: _____ (Parents Initial) There is a need for all classes/levels to have a minimum number of five participants. Wilson's reserves the right to cancel a class due to low enrollment. If enrollment calls for such, levels (for example, Levels V & VI) can be combined in order to host a class. Sessions consist of 8 classes over a two week period. Classes are held Monday through Friday of the first week and Monday through Wednesday of the second week. If a class is canceled due to inclement weather or for other reasons decided by management, a make-up day will be held on the second Thursday or Friday of the second week.

Each session is \$54.00 (includes tax)

Paid by: (please circle) Chk# _____, Cash, MC, VISA, DISCOVER (please circle)

Received by TEAM Member : _____ Date: _____.____.

Session Dates and Times

(From the information below, please circle the session and session time)

Session 1	Session 2	Session 3	Session 4
June 14th - June 25th	June 28th - July 9th	July 12th - July 23rd	July 26th - August 6th
AM ONLY	AM & PM	AM & PM	PM ONLY
10:30 - 11:10	10:30 - 11:10	10:30 - 11:10	6:00 - 6:40
11:10 - 11:50	11:10 - 11:50	11:10 - 11:50	
	6:00 - 6:40	6:00 - 6:40	

Descriptions of Levels: Infant/Toddler – Level VII

Level I Infant/Toddler a.k.a. Guppy: An enjoyable class for a parent and child to learn to communicate in the water. Both parent and child learn water orientation and work on developing water safety skills. Benefits include bonding with child, water awareness, water safety, children begin to learn to take instruction, self confidence, and as they get older begin to develop beginning swimming skills.

Level II a.k.a. Polliwog: A water adjustment class designed especially for beginners in the water to develop beginning swimming skills and promote independent water movement. Begins to teach

basic stroke and kicking skills, blowing bubbles, floating both front and back as well as pool safety and fun ways to learn to fall in love with the water.

Level III. a.k.a. Eel: A class for little swimmers who are already moving independently through the water 5 yards with flotation device on front and close on the back. Introduces rotary breathing and a variety of water skills to continue to grow independence in the water. We work on kicking and jumping in the water independently. We encourage swimming several feet on their own without flotation device.

Level IV a.k.a. Starfish: For children who are comfortable in the water and able to swim five feet with faces in the water and no flotation device. The primary focus of this level is on rotary breathing and learning backstroke properly, freestyle independently, elementary backstroke and treading water. We start the basics of butterfly and diving. During the summer months we introduce the diving board.

Level V a.k.a. Minnow: This class is designed for swimmers who are able to swim 15 yards freestyle with faces in the water and have a very good understanding of rotary breathing and do not use flotation devices. Reviews backstroke while focusing on butterfly and flip turns. Breaststroke is introduced at this level. Children who are in this level should be completely independent. We also focus on building endurance.

Level VI a.k.a. Fish: Our highest level of lessons, a class for swimmers who are able to swim 25 yards of freestyle and backstroke with a very good understanding of breathing and technique. Should be able to swim 15 yards of butterfly and breaststroke. Most of this class time is focused on proper technique for all four strokes while mastering flip turns and starts. The children will focus on technique and getting in shape for the Flying Fish level.

Level VII a.k.a. Flying Fish: For those swimmers able to swim 50 yards freestyle, backstroke, over 25 yards breaststroke and butterfly. Basic knowledge of open turns and flip turns is helpful. Our goal is to get children ready for swim team with an hour long session twice a week. We train while working on the 4 competitive strokes at the same time. Most of this group is swimming as a form of exercise, on the wait list of a competitive swim team or training until the summer league session rolls around again.